Original Quinton Marine Supplement for Fertility, Conception, Prenatal and Postnatal Nutrition. Compliments of Robert Slovak

For all products at Water and Wellness use this link, and the coupon code "KTHOMAS" for 10% off.

IMPORTANT NOTICE: Health and Medical Use Disclaimer: The information contained herein regarding Quinton oral nutritional supplements is for historical and educational purposes only. It is not to be construed as medical advice and is not intended to replace the counseling, attention or therapy provided by a physician. Quinton supplements have not been approved by the FDA as a treatment for any specific disease or health condition and have been used in support of world health since 1897.

Original Quinton (double-tip glass ampoules; Isotonic & Hypertonic) are remarkable contributions to the cellular nutrition, cellular communication and cellular hydration of mother and baby thanks to its diversity of bioavailable ocean-derived minerals & trace elements. This exclusive formula has been in use since 1897 and supports mother and child, before and during pregnancy, as well as providing postnatal nutrition (e.g. breast-feeding).

The following historic clinically-documented indications include:

- Morning sickness
- Fetal Underdevelopment Prevention of hereditary disorders Anemia, asthenia, demineralization Menstrual Problems
- Utero-vaginal spasms & congestion

Support Guidelines Premenstrual Support Protocol

- Leucorrhea
- Genital Infections
- Postpartum depression
- Lack of milk production
- Premenstrual syndrome (PMS)
- Reduce contractions for smooth delivery
- Begin taking 2 ampoules/vials of **Original Quinton Hypertonic** daily in the middle of the menstrual cycle, continuing until the menstrual cycle becomes regular.

Fertility Support

- **OPTION 1** (serious and pervasive conception problems) Ideally, **Original Quinton Hypertonic** is taken by both partners continuously for 6 months prior to conception at a dosage of 3 ampoules/vials daily for the first 3 months, then 2 ampoules/vials daily for the following 3 months. This unique fortification of the body's physiological systems is one of the most significant assurances of a problem-free pregnancy and healthy baby.
- **OPTION 2** (for less severe complications) 1 ampoule/vial daily of **Original Quinton Hypertonic** is taken daily by both partners for 3 months prior to conception. The woman should also take 1 ampoule/vial of **Original Quinton Isotonic** at night prior to sleep.

Pregnancy

- 1) When an excellent diet and nutrition is adhered to (e.g. fresh organic produce; balanced protein and healthy fats; super-foods, etc.):
 - Once pregnant, take 1 ampoule daily of Original Quinton Hypertonic in the morning on an empty stomach.

- After the 30th week of pregnancy change to 2 ampoules daily of Original Quinton Isotonic.
- After the delivery, continue with 1-2 ampoules daily of Original Quinton Hypertonic during breast-feeding for 3 months.

IMPORTANT: Also, add 1 ampoule of **Original Quinton Hypertonic** per liter of drinking water.

OR

- 2) When diet and nutrition is inadequate or compromised (e.g. junk food; packaged foods; non-organic produce, high carbs and sugar, etc.) use **Original Quinton Hypertonic**:
- 2 to 3 ampoules/vials daily for the first 3 months.
- 1 to 2 ampoules/vials daily for the 4th, 5th and 6th months.
- 2 ampoules/vials daily for the 7th and 8th months.
- 3 ampoules/vials daily for the 9th month.
 IMPORTANT: Also, add 1 ampoule of **Original Quinton Hypertonic** per liter of drinking water.
 - 3) Serious fatigue or anemia during Pregnancy use **Original Quinton Hypertonic**:
 - 3 to 4 ampoules/vials daily as required, throughout the pregnancy.

Breast-Feeding Supplementation Use Original Quinton Hypertonic:

• For the first 10 days following birth, 3 ampoules/vials then 2 ampoules/vials daily for the remainder of breast-feeding.

Pre-menopause, Peri-menopause and Menopause

Treatments can be applied for 3-6 months after the symptoms appear:

Pre-menopause: Protocol: 2 ampoules/vials daily of **Original Quinton Hypertonic** every other day (15 days a month).

Peri-menopause and Menopause:

1) Depressive, asthenia, exhausted, hypotension stressed women.

Protocol: 2 to 4 ampoules/vials daily of **Original Quinton Hypertonic** the morning and at mid-day, 3 weeks per month.

2) Hyperactive, hypertension, overweight, nervously stressed women.

Protocol: 2 to 4 ampoules/vials daily of **Original Quinton Isotonic** in the morning and night before bedtime.

Expected Results – Should be noted in the first 15 days of treatment.

- Decrease in frequency and intensity of hot flashes
- Subjective improvement in overall state of mind
- Improvement in circulation
- Improvement in the condition of skin, hair and nails
- Weight loss or gain depending on the regulatory effect